

## LC Children's Mental Health Funded Programs

In-Home Respite - Designed to provide 40 hours of non-therapeutic respite services to children ages 3 to 18 within a ten-week period or a calendar year.

Family Driven Respite - Caregivers are selected by family and must be 19 years and older with all state clearances. Service hours, site location and cost are determined through the family. The county provides financial reimbursement to the identified caregiver.

Site Based Respite - A drop off community location for 3-4 hours a week.

Hi-Fidelity Wrap Around - a team based, collaborative process for helping youth and their families identify and use their strengths and community resources while developing and implementing a plan to reduce use of other restrictive mental health services.

## LC Adult Mental Health Funded Programs

Club House of the Lehigh County Good Will Keystone Area - membership is free for youth 18+ which addresses social relationships, work skills and offers vocational programs while members actively take part in the daily operations.

Housing Programs - various programs can be offered to youth 18+. Individuals are responsible for paying a portion of their rent while LC supplements the rest.

Community Rehabilitative Services - a six-to-nine-month program for youth 18+ which includes 24 hour a day staff support in a communal living setting who addressed independent living skills, assists in securing employment and/or housing and works in conjunction with the mental health provider.

### Contact Information

***To apply for PA Medical Assistance call or visit the Lehigh County Assistance Office:***

Phone: 610-821-6509  
555 Union Blvd. Suite 3  
Allentown, PA 18109  
You can also apply online at:  
[www.compass.state.pa.us](http://www.compass.state.pa.us)

***To receive PA Medical Assistance Services call Magellan Behavioral Health Care:***

Phone: 1-866-238-2311  
1 West Broad St. Suite 210  
Bethlehem, PA 18018

***To receive Respite Services call Valley Youth House***  
Phone: 610-432-6481

***To receive Hi-Fidelity Wrap Around call Pinebrook Family Answers:***  
Phone: 610-432-3919

***To receive LC Adult MH Funded Programs, call LC Information and Referral:***  
Phone: 610-782-3200

***All other questions or for free consultation please contact LC Children's Mental Health:***  
Phone: 610-782-3376

# LEHIGH COUNTY CHILDREN & ADOLSCENT MENTAL HEALTH SERVICES





## Lehigh County Children's Mental Health

It is very difficult and emotionally stressful for families when their child has been diagnosed with a mental health illness. Families' main concern is keeping their child safe while seeking appropriate treatment. Therefore, it is important that families are aware of the mental health services that are available in their county as well as how to obtain funding for these services.

It is important to know that children in the state of Pennsylvania are eligible for Medical Assistance (MA) insurance regardless of their parent's or legal guardian's private insurance or income. No child in the state should be without health care. The state has passed a bill called the "Disabled Child Only Act" which allows for this to happen. Families first, need to apply under this act for Medical Assistance at their local County Assistance Office before they can receive PA Medical Assistance funded services.

## Medical Assistance Services

- Blended Case Management – this service can provide a 24 on call crisis number as well as coordinate mental health services.
- Certified Peer Support – for youth ages 14+ that include advocacy, support of work or other meaningful activities and linkages to other service providers.
- Transition to Independence Program – for youth ages 16 to 26 which provides a 24 hour on-call, peer support and assists with employment, housing and life-skills.
- Outpatient Treatment – site-based clinic that provides medication management and counseling.
- School Partial Hospitalization – daily treatment and psychiatric care is provided in the school or a site-based setting.
- Acute Partial Hospitalization – site-based treatment that provides six hours of psychiatric care five days a week.
- Intensive Behavioral Health Services (IBHS) – provides interventions and supports for youth under the age of 21 in the home, school and community. Services include individual, Applied Behavioral Analysis Services (ABA) and groups.
- Multi-Systemic Therapy – an in-home six-month therapy that provides a 24 hour on-call for youth up to 21 who are at risk of delinquency and drug use.
- Functional Family Therapy – an in-home five-month program for youth 11 to 18 with truancy, runaway behaviors and are at risk of delinquency.
- Family Based – a 9-month trauma informed in-home service which includes a 24 hour on-call.
- Sexual Issues Treatment and Education (SITE) – for youth ages 4 to 21 which provides a 24 hour on-call, assessments and treatment for the victim and offender.
- Mobile Psychiatric Rehabilitation Services – a consumer driven and recovery-based program that assists youth 18 to 26 with psychiatric stability, educational and vocational support, housing, budgeting and other independent living needs.
- Assertive Community Treatment – provides assessments, 24 hour on-call case management services, psychiatric treatment, support, rehabilitation and employment and housing assistance for youth 18+ with a severe persistent mental illness.
- Crisis Residences – facilitates housing for up to 10 days for 8 clients 18+ with 24-hour staff support.
- Out of Home Mental Health Placements - includes Community Rehabilitative Residences and Residential Treatment Facilities.
- Psychiatric Hospitalizations – provides acute treatment, interventions, medications and stabilization in a hospital setting with an average length of stay from several days up to two weeks.

